



International Taekwon-Do Federation (ITF)

By Laws

ITF Umpire Rules - Rules and Regulations

Appendix 8 – Approved Equipment

In force as of January 1st, 2015 (Amended November 12, 2015)
(Pages 1-7)



APPROVED EQUIPMENT



In accordance with *Article T7 of the official I.T.F. World Junior & Senior Tournament Rules*, the following items have officially been approved by the I.T.F. Tournament and Umpire Committee for use in I.T.F. World Cup Competition.

NO OTHER brands or models of safety equipment are currently approved, or permitted, for use in I.T.F. World Championship and World Cup Competition.

Article T7 of the official I.T.F. World Junior & Senior Tournament Rules

T 7. SAFETY EQUIPMENT AND PROTECTIVE WEAR

- a. Competitors **must** wear:
 - i.) **Red or blue** coloured hand and feet safety equipment.
 - ii.) Groin guards must be worn inside the Dobok trousers – male only.
 - iii.) **Red or Blue** coloured head guard.
 - iv.) Mouth guards being of a **transparent** colour.
- b. Safety equipment must be of an approved type and certified by the Board of Directors. Approved Equipment shall be indicated in the World Event official invitation letter and ITF website.
- c. Competitors may, optionally, wear the following:
 - i.) Shin protectors.
 - ii.) Breast protectors - for female only - and must be worn inside the Dobok jacket.
- d. These all being of an approved type consisting of elasticised material with sponge or rubber type padding and containing no metal, bone or hard plastic (accept for groin guards and breast protectors), the use of zip, lace or stud fasteners is forbidden.
- e. No other protective or safety equipment may be worn, except in special circumstances with the approval of the Tournament Committee.
- f. All competitors with injuries which require bandaging or strapping of any kind must satisfy the Tournament doctor of their need, and obtain approval of type before performing i.e. no pins or hard material can be worn.
- g. No jewellery, watches or other adornments may be worn, hair may be kept in place using a material of a soft elastic nature only, no grips or slides are allowed.



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ITF Officially Approved Safety Equipment For World Cup and World Championship Events Effective January 1, 2015

MANUFACTURER	MODEL	PROTECTOR	MATERIAL
Top Ten	SUPERFIGHT 3000 Punches	Punches	Leather
	TRITONE 3000 Punches	Punches	Leather
	POINT FIGHTER Punches	Punches	Artificial
	KIDS GENERATION Punches	Punches	Artificial
	SUPERFIGHT 3000 Kicks	Kicks	Leather
	FIGHT Kicks	Kicks	Artificial
	KIDS GENERATION Kicks	Kicks	Artificial
	AVANTGARDE	Helmet	Rubber
	COMPETITION FIGHT	Helmet	Rubber
Fuji Mae	OPEN GLOVES Semi Contact	Punches	Leather
	OPEN GLOVES Semi Contact	Punches	Artificial
	FOOT PROTECTOR	Kicks	Leather
	FOOT PROTECTOR P.U.	Kicks	Artificial
	SHOCK Rubber Head Guard	Helmet	Rubber
Nikko	OPEN GLOVES Semi Contact	Punches	Leather
	OPEN GLOVES Semi Contact	Punches	Artificial
	FOOT PROTECTOR	Kicks	Leather
	FOOT PROTECTOR P.U.	Kicks	Artificial
	SHOCK Rubber Head Guard	Helmet	Rubber
Mightyfist USA	ITF APPROVED GLOVES LEATHER	Punches	Leather
	ITF APPROVED GLOVES	Punches	Artificial
	ITF APPROVED BOOTS LEATHER	Kicks	Leather
	ITF APPROVED BOOTS	Kicks	Artificial
	NEXUS HEADGEAR	Helmet	Rubber
Adidas	SEMI CONTACT GLOVE	Punches	Artificial
	SUPER SAFETY KICK	Kicks	Artificial
	ADIZERO HEADGEAR	Helmet	Rubber
Martal Arts Depot	OPEN GLOVES	Punches	Artificial
	FOOT PROTECTOR	Kicks	Artificial
Granmarc	HI-PRO PUNCHES	Punches	Dipped
	HI-PRO KICKS	Kicks	Dipped
	OPEN HEAD	Helmet	Foam Dipped
Various	SINGLE MOUTH GUARD	Mouth Guard	Transparent
	DOUBLE MOUTH GUARD	Mouth Guard	Transparent
	GLOVE LINERS		Cotton
Game Guard (PNP)	Game Guard - White	Breaker Board	Plastic



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ITF Officially Approved Doboks For World Cup and World Championship Events Effective January 1, 2015

MANUFACTURER	MODEL	CATEGORY	EVENT
Top Ten	Diamond Master Instructor	Black Belt	World Championships
	Diamond Master	Black Belt	World Championships
	Master Instructor	Black Belt	World Championships
	Master	Black Belt	World Championships
	De-Luxe	Colour Belt	World Cup
	Kyong	Colour Belt	World Cup
Fuji Mae	Diamond	Black Belt	World Championships
	Instructor	Black Belt	World Championships
	Black Belt	Black Belt	World Championships
	Training Uniform	Colour Belt	World Cup
Ni-kko	Action	Black Belt	World Championships
	Evolution	Black Belt	World Championships
	Contact	Colour Belt	World Cup
Mightyfist USA	Matrix	Black Belt	World Championships
	Matrix	Colour Belt	World Cup
	Beginner Uniform	Colour Belt	World Cup
Martal Arts Depot	ITF Black Belt Dobok	Black Belt	World Championships
	ITF Dobok	Colour Belt	World Cup
Granmarc	Master Danes Official	Black Belt	World Championships
	Special international Instructor	Black Belt	World Championships
	Special Danes	Black Belt	World Championships
	ITF Dobok	Colour Belt	World Cup
Addidas	Instructor Champion	Black Belt	World Championships
	Black Belt Champion	Black Belt	World Championships
	Student Dobok	Colour Belt	World Cup
NTN Norway	ITF Black Belt Dobok	Black Belt	World Championships
	ITF Dobok	Colour Belt	World Cup
ARTF Russia	ITF Black Belt Dobok	Black Belt	World Championships
	ITF Dobok	Colour Belt	World Cup



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Top Ten

			
Superfight 300 Tritone	Superfight 300 Tritone	Pointfighter	Kids Generation

		
Superfight 3000	Fight	Kids Generation

	
Avante Garde	Competition / Fight



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Adidas

		
Semi Contact Glove	Super Safety Kick	Adizero Headgear

Nik Ko

	
Glove	Kick

Fuji Mae

		
Open Gloves (Leather)	Open Gloves (Artificial)	
		
Foot Protector (Leather)	Foot Protector (Artificial)	Shock Rubber Helmet



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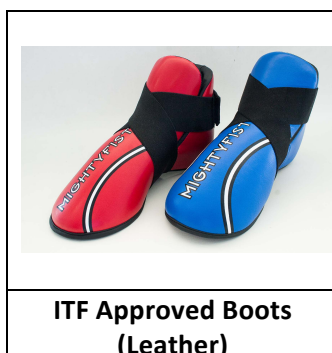
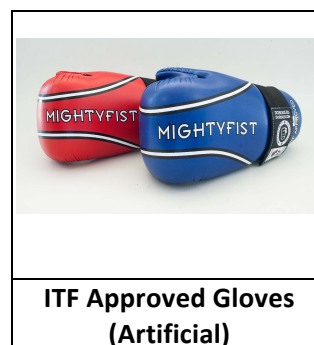
GranMarc



Martial Arts Depot



Mightyfist USA





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Transparent Mouth Guard (Various Manufacturers)



Single Mouthguard



Double Mouthguard

Cotton Glove Liners (various Manufacturers)



Non-Supportive

Game Guard (Paul Norman Plastics)



**Re-Breakable Board
White (Soft Difficulty)**